

Contact Charly

(310) 908-9820

charlysense@yahoo.com

www.charlysense.com



Charly's Background

Personal Strategist | TV Personality | Author

You may have seen Charly Emery guest star on such shows as *Moonlight* and *Heroes*, yet few realize that by age 19 Charly had endured violent forms of prejudice, two incidences of rape and was struggling with an eating disorder. Consequently it would be another seven years of repressing her traumas and gaining nearly 50 pounds before Charly would begin to emerge from her self imposed prison.

It was Charly's initial 45 pound weight loss that gave rise to the post traumatic stress episodes, which released her memories and prompted her to finally live her truth. She refused traditional forms of therapy in favor of using her intuitive gifts and innate strategic skills to "own" her experiences, and use them to empower herself from within. Charly then became the strategic alternative for others that she couldn't find for herself.

Now a cutting edge personal strategist, Charly is a champion for recycling your experiences into tools that propel your success as evidenced by her latest book *Thank Goodness You Dumped His Ass—Use Those Mr. Wrongs to Lead You Straight to Mr. Right*. Being called *the bible of relationships* by readers on Amazon.com, it delivers a straightforward, step-by-step business strategy that empowers women to own who they are in and out of the dating process so they can successfully attract the relationships they crave.

"Charly is one of the most intuitive people I have ever met. I am thoroughly thrilled I now have her "charlyisms" at my fingertips anytime I need them! You won't regret reading this gem!" –Asha Mollier; International Model, Exclusive Events Coordinator

Born in Boston, Massachusetts; Charly began her foray into the arts with several years of classical dance training that later evolved into acting, modeling and public speaking. She first worked in the corporate sector as an experiential consultant. While living in Santa Fe and Albuquerque she worked with the Truth Foundation in New Mexico and Oklahoma as part of their ongoing effort to educate Native American youth of health risks. In the area of entertainment, Charly co-produced a full-scale musical variety show for which she performed all the radio and television promotion. She's appeared on primetime TV shows, national commercials, print ads and fitness DVDs. She has also been a magazine and online newsletter columnist, is currently a featured contributor on the website for women, EmpowHER.com and appears on radio shows regularly. "Put Yourself First" is the message she shares, and with a personal life resume, which includes healing and transforming every aspect of her life, Charly teaches directly from life experience.

"Life moves fast. I focus on solutions that create immediate and lasting results, and since I've been there, I know first hand what it takes." -Charly

Charly's greatest passion has always remained that of personal wellness and healing, which she is currently infusing within a unique and hip comedy concept for television. Now residing in Southern California, she balances her time working with clients, lending her personality for on-camera projects, speaking engagements and appearances. She is also an excellent choice for hosting and discussion panels.

Contact Charly today: (310) 908-9820 | charlysense@yahoo.com