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About Charly

Byline: Charly Emery is a strategist, TV personality and author of the new book, *Thank Goodness You Dumped His Ass — Use Those Mr. Wrongs to Lead You Straight to Mr. Right*. Charly draws from her background in corporate consulting, personal development and firsthand experience as a trauma survivor to provide a savvy alternative to traditional coaching and therapy. With a modern, hip and savvy style, Charly's business approach to stress sourcing and relationships is beloved for getting immediate results. You can learn more at www.charlysense.com. Email is charlysense@yahoo.com.

Broadcast BIO: We don't usually think of business and love together. But in her new book *Thank Goodness You Dumped His Ass — Use Those Mr. Wrongs to Lead You Straight to Mr. Right*, Charly Emery provides modern day women with a straightforward business strategy that will empower them to attract the relationships they crave. Charly is a strategist, TV personality and speaker known for her exceptional insight, candor and humor. You can find out more about her by visiting www.CharlySense.com. Welcome Charly. So how does taking a business approach to love yield better relationships?

Full BIO: Based in Los Angeles, California, Charly Emery is a strategist, TV personality and author of the new book, *Thank Goodness You Dumped His Ass — Use Those Mr. Wrongs to Lead You Straight to Mr. Right*. Based on her personal experiences and those of her clients. The book provides a savvy, clear-cut strategy for attracting fabulous long-term relationships from the inside out.

Charly is a trauma survivor who successfully transformed every aspect of her own life, thus is highly sought after for her inside perspective. Known for her exceptional insight, candor and humor, Charly focuses solely on results with a business approach to life and love. Charly has been a magazine and online newsletter columnist, who's appeared on Fox News in LA, Boston & NBC affiliate KECL. Charly is currently in development with a hip concept for TV. To learn more about Charly Emery, visit: www.charlysense.com

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Story Ideas

Latest Empowerment Trend | Self-help served with a Twist? Yes "Savvy Soirees" where women Sip, Socialize & Strategize with Wine, Wit & Wisdom courtesy of the DATE NIGHT DIVAS™ Stay tuned as author & strategist Charly Emery gives us the straight scoop on her self-help model redesigned, and how you can be a modern woman who Entertains & Empowers too!

Emotional Baggage | Is emotional baggage tipping your mental scales? Author Charly Emery says you can recycle that baggage into greater personal power & satisfaction quickly—she'll be here with 3 tips on how to get started!

Holidays/Celebrating Solo in Style | If travel costs could prevent you from visiting your family and friends this holiday season stay tuned! Personal strategist and author, Charly Emery is here with 4 steps to celebrating your holiday solo in style.

Holiday Survival/New Year's Goals & Weight | Could the secret to achieving your weight goals be right in your own bathroom? Next strategist & author Charly Emery shares her surprising secret to achieving & maintaining her 50 pound weight loss for more than decade that you can start using to reach your goals right now!